

Experiential Healing Center  
1713 Lockett Place  
Memphis, TN 38104  
(901) 372-0710

**Youth Assessment**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City, State, Zip \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_

Email Address: \_\_\_\_\_

Name and phone number of someone we could reach in case of an emergency while you are attending your program \_\_\_\_\_

1) Are you under the care of a therapist? Yes \_\_\_\_ No \_\_\_\_

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
Phone \_\_\_\_\_

2) Are you under the care of a Psychiatrist/? Yes \_\_\_\_ No \_\_\_\_

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
Phone \_\_\_\_\_

3) Are you under the care of Primary Care Provider? Yes \_\_\_\_ No \_\_\_\_

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
Phone \_\_\_\_\_

3) Current School and Grade \_\_\_\_\_

Name of School Counselor \_\_\_\_\_  
Phone and email of Counselor \_\_\_\_\_

**Consent for Release of Information:**

I hereby authorize the person(s) named in #1, #2, #3 and #4 above to exchange information regarding my mental and physical health history, diagnoses, treatment, problems and recommendations with the staff of The Experiential Healing Center. The purpose of this information is to assist EHC in evaluating my application for admission and coordinating care during and after this program. I understand I may revoke this

authorization at any time. This authorization will expire automatically without my expressed revocation three months after my discharge from the program. The information provided will be held strictly confidential by EHC and will not be released without my expressed written consent as required by law.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Witness \_\_\_\_\_ Date \_\_\_\_\_

If the client is under 18 or has a guardian appointed by the court, the custodial parent or guardian must sign this release.

**YOUTH PSYCHOSOCIAL ASSESSMENT**      **DATE** \_\_\_\_\_      **TIME** \_\_\_\_\_

**SECTION I: IDENTIFYING INFORMATION**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (h) \_\_\_\_\_ (w) \_\_\_\_\_ (c) \_\_\_\_\_

SSN: \_\_\_\_\_

Family Contact: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone(s): \_\_\_\_\_

Employer (if applicable): \_\_\_\_\_ Position: \_\_\_\_\_

Insurance Company: \_\_\_\_\_ Policy Number: \_\_\_\_\_

Current MD: \_\_\_\_\_

Current Therapist: \_\_\_\_\_

**Current School:** \_\_\_\_\_

**Current Grade:**

**PRESENTING PROBLEMS AND SYMPTOMS:** (What would you like to work on? Or, for parents, what would you say are your child's needs?)

\_\_\_\_\_

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**CURRENT BIOPSYCHOSOCIAL STRESSORS:** (include any that are a priority for intervention. Educational, vocational, activities of daily living, recreation, social supports, current living situation, income, family, etc) \_\_\_\_\_

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**EDUCATION / JOB TRAINING:**

Highest grade completed: \_\_\_\_\_ Any diagnosed learning disabilities: \_\_\_\_\_

How is your school performance/what kind of student are you? \_\_\_\_\_

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Special Job Training or Skills: \_\_\_\_\_

**FAMILY HISTORY:**

Who Serves As Client's Parents: \_\_\_\_\_

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Number Of Siblings Living In The Home: \_\_\_\_\_

Current Relationship With Family Of Origin Members: \_\_\_\_\_

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Memories Of Significant Events During Childhood and/or Adolescence (include any physical, emotional or sexual abuse, addictive diseases, separation/divorce, death, abandonment, and outstanding memories): \_\_\_\_\_

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Is there anyone you would like to potentially be involved in your treatment?

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Is there a history of mental illness or addiction in your family of origin? \_\_\_\_\_

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Yes No History of Sexual Abuse: \_\_\_\_\_

When: \_\_\_\_\_ By Whom: \_\_\_\_\_

Reported: \_\_ yes \_\_ no. Explain: \_\_\_\_\_

Yes No History of Physical Abuse: \_\_\_\_\_

When: \_\_\_\_\_ By Whom: \_\_\_\_\_

Reported: \_\_ yes \_\_ no. Explain: \_\_\_\_\_

**CURRENT FUNCTIONING** (Rate your level of functioning in each area)

Family \_\_\_\_\_ Good \_\_\_\_\_ Moderate \_\_\_\_\_ Severe

Relationship w/Partner / Friends \_\_\_\_\_ Good \_\_\_\_\_ Moderate \_\_\_\_\_ Severe

Housing/Finances \_\_\_\_\_ Good \_\_\_\_\_ Moderate \_\_\_\_\_ Severe

Work/School/Community \_\_\_\_\_ Good \_\_\_\_\_ Moderate \_\_\_\_\_ Severe

Explain \_\_\_\_\_

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**CULTURAL/SPIRITUAL INFLUENCES**

Ethnicity \_\_\_\_\_

Are there spiritual or religious beliefs important to you to consider in treatment?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are there any cultural, ethnic, or minority identity issues to consider in treatment?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you speak a language other than English as your primary language? \_\_\_Yes \_\_\_No

If Yes, what language? \_\_\_\_\_

What do you do for fun/hobby/recreation? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you have a social support network? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

What do you feel are your greatest strengths? (Or, for parents, your child's greatest strengths.) \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## CHILD BEHAVIOR CHECKLIST

Please indicate with a **check** any behaviors you have experienced in the past **six months**. Any behaviors for which there is a **history**, but are not being experienced currently, please indicate with **Hx**. (For parents, please do the same for any behaviors you have observed in the child.)

- |   |   |
|---|---|
| <input type="checkbox"/> sadness lasting more than 24 hours | <input type="checkbox"/> difficulty making/ keeping friends   |
| <input type="checkbox"/> withdrawal                         | <input type="checkbox"/> does not feel guilty after doing something wrong                                 |
| <input type="checkbox"/> isolation                          | <input type="checkbox"/> overly interested in horror movies/ gore   |
| <input type="checkbox"/> refusal to eat                     | <input type="checkbox"/> sets fires or interested in fire   |
| <input type="checkbox"/> major weight fluctuation           | <input type="checkbox"/> fighting (physical)  |
| <input type="checkbox"/> change in eating patterns          | <input type="checkbox"/> verbally aggressive  |
| <input type="checkbox"/> bedwetting                         | <input type="checkbox"/> destruction of property  |
| <input type="checkbox"/> nightmares                         | <input type="checkbox"/> cruelty to animals   |
| <input type="checkbox"/> difficulty sleeping                | <input type="checkbox"/> stealing   |
| <input type="checkbox"/> hoarding                           | <input type="checkbox"/> poor attitude  |
| <input type="checkbox"/> thumb sucking                      | <input type="checkbox"/> difficulty understanding the difference between what is real and what is fantasy |
| <input type="checkbox"/> running away                       | <input type="checkbox"/> hears voices or sees things that others do not see                               |
| <input type="checkbox"/> headaches                          | <input type="checkbox"/> inappropriate touching of others   |
| <input type="checkbox"/> stomach problems                   | <input type="checkbox"/> promiscuity  |
| <input type="checkbox"/> skin problems                      | <input type="checkbox"/> sexual abuse of others   |
| <input type="checkbox"/> nausea                             | <input type="checkbox"/> excessive masturbation   |
| <input type="checkbox"/> vomiting                           | <input type="checkbox"/> strange bathing or bathroom practices  |
| <input type="checkbox"/> fatigue                            |   |
| <input type="checkbox"/> being overly talkative or charming |   |
| <input type="checkbox"/> affectionate with strangers        |   |

\_\_\_\_\_ not affectionate to family members/  
adults close to them

\_\_\_\_\_ low self-esteem

\_\_\_\_\_ breaking the law

\_\_\_\_\_ talk of harming self

\_\_\_\_\_ acting more responsible than  
typical for his/ her age

\_\_\_\_\_ denying all feelings

\_\_\_\_\_ suicide attempts

\_\_\_\_\_ not being able to concentrate

\_\_\_\_\_ harming self

\_\_\_\_\_ educational issues

\_\_\_\_\_ blocking out memories

**LEGAL HISTORY:**

Pending Legal Issues/Status: \_\_\_\_\_

\_\_\_\_\_

Prior Legal History/Association With A&D Use: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**SECTION III: PREVIOUS TREATMENT- PSYCHIATRIC/CHEMICAL**

	Facility	Dates	Purpose
<b>Inpatient</b>			
<b>Residential</b>			
<b>Outpatient</b>			



**ALCOHOL AND NON-PRESCRIBED DRUG USE:** (if Yes, please specify below.)

Have you ever used alcohol? Yes No

If so, how much and frequency: \_\_\_\_\_

Last use (Date): \_\_\_\_\_

Have you ever used non-prescription drugs? Yes No

If yes, how much and frequency: \_\_\_\_\_

Last use (Date): \_\_\_\_\_

Have you ever used nicotine? Yes No

If so, how much and frequency: \_\_\_\_\_

Last use (Date): \_\_\_\_\_

Have you ever abused alcohol or non-prescription drugs? Yes No

Have you ever used or abused prescribed drugs? Yes No

Has drinking or drug use affected your work, school, or family life? Yes No

Have you ever thought you should cut down on your drinking or drug use?  
Yes No

Have you ever been annoyed by others' criticism of your drinking or drug use?  
Yes No

Have you ever felt guilty about drinking or drug use? Yes No

Do you have a morning "eye opener?" Yes No

(explain)\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**MEDICAL HISTORY/HOSPITALIZATIONS:**

Yes No Medical emergencies (Seizures, stop breathing, blackouts, etc.)  
Yes No Active infections (AIDS, Strep, Staph, Pneumonia, Hepatitis, etc.)  
Yes No Pregnant or suspect pregnancy: \_\_\_\_\_  
Yes No Previous hospitalizations or major surgeries (Surgery type, date/year, hospital, length of stay): \_\_\_\_\_

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Yes No Have you ever suffered from any kind of brain trauma at any point in your life? \_\_\_\_\_

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**MEDICATIONS:**

Medication (prescribed or over-the-counter)	Intended Use (why are you taking this med)	Prescribed Dosage and Frequency	Actual Dosage and Frequency	Last Dose	Prescribing Physician

If you are planning to attend one of our intensives, do you have any special dietary needs or requests?

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**If you could wake up tomorrow and have three things in your life be different from what they are today, what would those three things be?**

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_